

From: OXIS International Inc [OXIS_International_Inc_vrtqyv@postsnet.com]
To: geo4548@gmail.com
Subject: Antioxidant Update

Issue 1 - August, 2005

www.oxis.com

ANTIOXIDANT UPDATE
Health News from the Leader in Antioxidant
Research...
OXIS INTERNATIONAL



OXIS Newsletter Intro

Hello, and welcome to the first issue of Antioxidant Update, the newsletter that brings you the latest in antioxidant news and research. Antioxidant Update is sponsored by [OXIS International](http://www.oxis.com), a leader in oxidative stress and antioxidant research in the scientific community for over 20 years. Today the benefits of antioxidants are becoming more obvious to both physicians and patients. Research validating the benefits of antioxidants is very active throughout the world. Many of the largest pharmaceutical and cosmetic companies now offer new products that feature important antioxidant properties.

This newsletter is part of OXIS' effort to keep you informed about the latest scientific developments in the antioxidant industry. In this first issue we feature updates on current antioxidant research and highlight l-ergothioneine, a powerful antioxidant that has recently been gaining interest among scientists and health professionals. We encourage you to subscribe to receive future issues, which will spotlight novel antioxidants each month, as well as feature up-to-the-minute antioxidant news. Feedback on what you, the subscribers, are interested in reading about is always welcome; please let us know what you think. (See last feature below)

If you are interested in finding out more about OXIS, visit our web site: www.oxis.com. Now I invite you to take a few minutes and scroll down to review this issue regarding important information that can positively affect your health and aging processes. And please remember to subscribe to continue to receive this informative newsletter.

Regards,

Dominic Anaya
Editor

Contents

[OXIS Newsletter Intro](#)

[Free Radical Theory of Aging](#)

[Antioxidants Protect Eyes](#)

[Delay Onset of Parkinson's Disease](#)

[Tea, the Primary Source for Flavonoids](#)

[Smoking and Overweight?](#)

[Feedback?](#)

Antioxidant Update

[Download](#) the PDF version

[SUBSCRIBE](#) to continue free delivery of our newsletter.

Free Radical Theory of Aging

In 1956 Dr. Harman released his "free radical theory of aging" and gave the scientific community vital insight into the importance of antioxidants, a dietary requirement to resist the effects of oxidative stress. Oxidative stress has been shown to be a factor in several disease states, such as diabetes, atherosclerosis and infertility. Many researchers, drawing on Dr. Harman's ground breaking work, point to the accumulation of detectable oxidative stress biomarkers as one grows older as evidence that the continual oxidative stress over the course of a lifetime is what causes us to age. Based on this theory, antioxidants may also hold the key to allow one to resist the effects of both age and disease. [more...](#)

Antioxidants Protect Eyes

We've seen that spinach is what makes Popeye strong; perhaps it gives him a keen eye, as well. Researchers at the University of Ohio have shown that two antioxidant found in green, leafy vegetables have a protective function in the retinal cells of the eye. [more...](#)

Delay Onset of Parkinson's Disease

Parkinson's Disease, a movement disorder that affects 1 in 100 people over the age of 60, is a terrible ordeal for those affected with this illness. A new study has shown that moderate intake of Vitamin E can delay the onset of this disease, advancing hope for those concerned with this difficult-to-treat illness. [more...](#)

Tea, the Primary Source for Flavinoids

Many people enjoy a good cup of tea, but news from scientists at the University of Michigan show us just how beneficial this beverage is. Tea contains antioxidants called flavinoids, and, according to data gathered in a recent study, intake of tea accounts for the majority of flavinoids in the U.S. diet. [more...](#)

Smoking and Overweight?

It's no surprise that being overweight or smoking is bad for you, but now scientists have found evidence that they can accelerate the aging process at the cellular level.

Researchers measured the telomeres, parts of our chromosomes that shorten as we age, of over 1100 people at St. Thomas' Hospital in the UK. They found that the telomeres of smokers and obese individuals were shorter than those of Non-Smokers, non-obese individuals of a similar age. [more...](#)

Feedback?

If you have any comments about the information in this newsletter, or wish to submit a contributed editorial or article for publication review, e-mail us at:

newsletter@oxis.com

Health news from the leader in antioxidant and oxidative stress technology...

OXIS INTERNATIONAL INC.

Copyright © 2003 All rights reserved. OXIS International, Inc.

****[Subscribe](#) now to continue to receive our free Antioxidant Update newsletter**

**OXIS
INTERNATIONAL INC.**

**6040 N Cutter Circle -
Suite 317
Portland, Oregon
97217-3935
USA**

**800.547.3686
503.283.3911
Fax: 503.283.4058**

**Email:
newsletter@oxis.com**

You are subscribed as geo4548@gmail.com. To unsubscribe please [\[click here\]](#).

